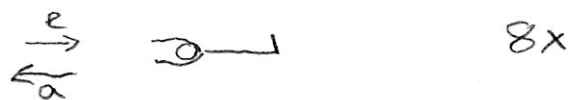
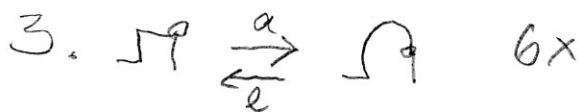


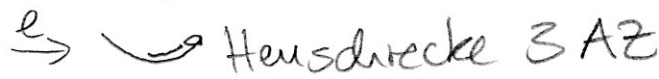
1. 0 = Atembeobachtung



2. ~~0~~ 8AZ R/L
08



4. ~~0~~ Bauchlage / Entspannung / Atem



5. Rückenlage 0=1 ~~0~~ 6x

6. 0

7. 08

8. ~~0~~ 5-10 min.